



MESS MENU

MAY 2018



ROYAL
Global School

TIME	DISHES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Indian Continental Flakes Health Drinks Beverage Fruits	Luchi Chanadal Bread Chocos Bournvita Hot / Cold Milk Apple	Poha Bread Corn Boost Hot / Cold Milk Banana	Aloo Paratha Dahi Achar Bread Chocos Horlicks Hot / Cold Milk Watermelon	Idli Sambher Chutney Bread Veg.Oats Bournvita Hot / Cold Milk Grapes	Fried Rice Home Style Bread Honeyloops Boost Hot / Cold Milk Orange	Club Kachori Aloo Sabji Bread Corn Choco Horlicks Hot / Cold Milk Pears	Masala Dosa Sambher Chutney Bread Veg. Oats Tea Banana
SHORT BREAK	Juice/Snacks	Cake	Biscuit	Cake	Chocolate	Mango	Biscuit	Cake
LUNCH	Salad Dry Veg Curry Veg Dal Rice Bread Accompany	Sprouted Salad Palak Aloo Gatta Sabji Dal Butter Fry Plain Rice Butter/Plain Roti Boondi Raita	Macaroni Salad Aloo Bhujia Gobhi Matar Yellow Dal Fry Plain Rice Butter/Plain Roti Dahi Bhalla	Mixed Salad Parval Aloo Rajma Masala Mix Dal Jeera Pulao Butter/Plain Roti Chips	Sprouted Salad Cabbage Peas Matar Paneer Yellow Dal Fry Plain Rice Butter/Plain Roti Mix Raita	Green Salad Bhindi Fry Cholla Masala Mix Dal Peas Pulao Butter/Plain Roti Raita	Onion Chilly Labda Khichudi Veg Paratha Fry Papad Chutney	Mix Salad Veg Jhalfrezi Dal Fry Jeera Pulao Plain Paratha Fryums
SNACKS	Indian Health Drink Accompany	Wai Wai Juice Bread Jam	Samosa Juice Bread Jam	French Fries/Wedges Juice Bread Jam	Papdi Chat Juice Bread Jam	Veg Pakoda/Momo Juice Bread Jam	Pao Bhaji Juice Bread Jam	Jhal Muri Juice Bread Jam
DINNER	Salad / Soup Dry Veg Curry Veg Dal Rice Bread Accompany Dessert Health Drink	Boiled Veg Cube Aloo Fry Rajma Masala Dal fry Plain Rice Butter/Plain Roti Chutney Halwa Milk	Soup Julliane Potato Kofta Curry Masoor Dal Plain Rice Butter/Plain Roti Papad Ice Cream Milk	Salad Bhindi Aloo Pakodi Kadhi Yellow Dal Fry Plain Rice Missa Roti Chips Kheer Milk	Soup Veg Bolognese Soya Rice Pasta Custard Milk	Salad Aloo Pitika Jheeka Yellow Dal Fry Plain Rice Butter/Plain Roti Fryums Ice Cream Milk	Chinese Salad Crispy Veg Soya Manchurian Hakka Noodles Veg Fried Rice Darsan Milk	Laccha Onion Jeera Aloo Paneer Lababdar Kali Dal Peas Pulao Laccha Paratha Chips Shahi Tukda Milk

NOTE: Fruits & Veg. as per availability & Boiled Veg. and Plain Dal are available in Lunch & Dinner.