

MESS MENU OCTOBER 2018

TIME	DISHES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Indian	Fried Rice Home Style	Idli Sambher Chutney	Puri Chanadal	Grilled Sandwich	Cholla Bhatura	Aloo Paratha with Curd & Pickle	Club Kachori Aloo Sabji
		Bread	Bread	Bread	Bread	Bread	Bread	Bread
	Flakes	Chocos	Strawberry	Cornflakes	Masala Oats	Chocos	Comflakes	Veg. Oats
	Health Drinks	Horlicks	Boost	Horlicks	Bournvita	Boost	Choco Horlicks	
	Beverage	Milk	Milk	Milk	Milk	Milk	Milk	Tea
	Fruits	Banana	Apple	Watermelon	Banana	Watermelon		
SHORT BREAK	Juice/Snacks	Cake	Biscuit	Cake	Chocolate	Cake	Biscuit	Cake
LUNCH	Salad	Sprouted Salad	Macaroni Salad	Onion Salad	Mixed Salad	Sprouted Salad	Green Salad	Mix Salad
	Dry Veg	Cabbage Carrot Beans Dry	Julliene Potato	Paneer Bhujji	Cabbage Peas Dry	Baigan Bharta	Crispy Veg	Crispy Corn
	Curry Veg	Desi Chana	Corn Cheese Kofta	Cholla Masala	Aloo Dum	Kadhai Paneer		Aloo Rassa
	Dal	Dal Butter Fry	Kadhi	Dal Fry	Yellow Dal Fry	Mix Dal	Soya Manchurian Dry	Dal Fry
	Rice	Plain Rice	Jeera Rice	Plain Rice	Plain Rice	Veg Pulao		Peas Pulao
	Bread	Butter/Plain Roti	Butter/Plain Roti	Butter/Plain Roti	Butter/Plain Roti	Butter/Plain Roti	Hakka Noodles	Butter/Plain Roti
	Accompany	Boondi	Papad	Dahi Bhalla	Chips	Veg Raita	Veg Fried Rice	Papad
Snacks	Snacks Juice	Cheesy Macaroni	Samosa	Chowmien	Aloo Tikki Chat	Veg Momo	Pyaj Kachori	Wai Wai/Maggi
		Juice	Juice	Juice	Juice	Juice	Juice	Juice
DINNER	Dry Veg	Aloo Bhaji	Brinjal Fry	Veg Biryani Raita	South Indian Dinner	Aloo Bhindi	Nutrela Masala	Leheri Aloo Dum
	Curry Veg	Nutrela Masala	Ghooghni			Cholla Masala	Aloo Matar	Paneer Butter Masala
	Dal	Rajma Fry	Dal Fry			Yellow Dal	Yellow Dal	Dal Makhni
	Rice	Plain Rice	Plain Rice			Plain Rice	Plain Rice	Jeera Rice
	Bread	Butter/Plain Roti	Butter/Plain Roti			Butter/Plain Roti	Butter/Plain Roti	Naan
	Accompany	Garlic Chutney	Papad	Green Chutney	Fryums	Chutney	Fryums	
	Dessert	Kheer	Laddoo	Jalebi	Rava Halwa	Gulab Jamun	Ice Cream	Rasgulla
	Health Drink	Milk	Milk	Milk	Milk	Milk	Milk	Milk

NOTE: Sunday lunch at The Dhaba for non-vegetarian students.