

MESS MENU FEBRUARY 2018

TIME	DISHES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Indian	Fried Rice Chutney	Luchi Chanadal	Idli Sambher Chutney	Roti Sabji	Grilled Sandwich	Aloo/Matar Paratha	Dosa Sambher Chutney
	Continental	Bread	Bread	Bread	Bread	Bread	Bread	Bread
	Flakes	Chocos	Corn	Chocos	Veg.Oats	Honeyloops	Corn	Veg. Oats
	Health Drinks	Bournvita	Boost	Horlicks	Bournvita	Boost	Choco Horlicks	
	Beverage	Hot / Cold Milk	Hot / Cold Milk	Hot / Cold Milk	Hot / Cold Milk	Hot / Cold Milk	Hot / Cold Milk	Tea
	Fruits	Apple	Banana	Watermelon	Grapes	Orange	Pears	Banana
SHORT BREAK	Juice/Snacks	Apple	Biscuit	Litchi	Chocolate	Mango	Biscuit	Cake
LUNCH	Salad	Sprouted Salad	Macaroni Salad	Mixed Salad	Sprouted Salad	Green Salad	Chinese Salad	Mix Salad
	Dry Veg	Brinjal Fry	Julliane Potato	Nutrela Dry	Palak Aloo	Carrot Beans Peas	Chilly Cauliflower	Butter Paneer
	Curry Veg	Paneer Masala	Pakodi Kadhi	Rajma Masala	Cholla Masala	Yellow Peas	Veg Manchurian	
	Dal	Dal Butter Fry	Yellow Dal Fry	Mix Dal	Yellow Dal Fry	Mix Dal	Hakka Noodles	Dal Fry
	Rice	Plain Rice	Veg Pulao	Plain Rice	Plain Rice	Plain Rice	Veg Fried Rice	Jeera Pulao
	Bread	Butter/Plain Roti	Butter/Plain Roti	Butter/Plain Roti	Butter/Plain Roti	Butter/Plain Roti		Laccha Paratha
	Accompany	Boondi Raita	Papad	Chips	Mix Raita	Raita	Chips	Fryums
SNACKS	Indian	Maggi/Wai Wai	Samosa	Paw Bhaji	Pakoda	Tikki Chola	French Fries	Bhelmuri
	Health Drink	Mango	Apple	Litchi	Apple	Jaljeera	Litchi	Apple
	Accompany	Bread Jam	Bread Jam	Bread Jam	Bread Jam	Bread Jam	Bread Jam	Bread Jam
DINNER	Salad / Soup	Boiled Veg	Sweet Corn Soup	Manchow Soup	Veg. Clear Soup	Hot & Sour Soup	Onion Chilly	Laccha Onion
	Dry Veg	Mix Veg Dry	Gobhi Matar	Cabbage Potato Peas	Rajma Masala	Mongolian Potato	Labda	Crispy Potato/ Babycorn
	Curry Veg	Nutrela Aloo	Dum Aloo	Paneer Bhurji	Veg Bolognese	Palak Paneer		Veg Manchurian
	Dal	Dal fry	Masoor Dal	Yellow Dal Fry		Yellow Dal Fry	Khichudi	Fried rice
	Rice	Plain Rice	Plain Rice	Plain Rice	Herbs Rice	Pulao	Fry Papad	Chips
	Bread	Butter/Plain Roti	Butter/Plain Roti	Plain Paratha	Pasta	Butter/Plain Roti		
	Accompany	Garlic Chutney	Papad	Chips		Fryums		
	Dessert	Halwa	Ice Cream	Laddu	Custard	Payesh	Tomato Chutney	Ice Cream
	Health Drink	Milk	Milk	Milk	Milk	Milk	Milk	Milk

NOTE: Fruits & Veg. as per availability & Boiled Veg. and Plain Dal are available in Lunch & Dinner.